### Monthly Bulletin – OCTOBER '23

OH&S CODE REVIEW Part 4 Chemical Hazards, Biological Hazards and Harmful Substances

**General Requirements** 

Exposure during shifts longer than 8 hours 18(1) Subject to subsection (3), if a worker is exposed to a substance listed in Schedule 1, Table 2 during a single work shift that is longer than eight hours, the employer must ensure that equivalent protection from adverse health effects is achieved by adjusting the eight-hour exposure limit using the following formulas: adjusted exposure limit = eight-hour occupational exposure limit x daily reduction factor where the daily reduction factor

$$= \left\{ \frac{8}{h} x \left( \frac{24-h}{16} \right) \right\}$$

And h=hours worked per day



### SAFETY MANUAL REVIEW

#### **Emergency Response Procedures**

In accordance with Workplace Safety and Occupational Health and Safety regulations, Swab Master Ltd. is required to develop Emergency Response procedures to ensure that all personnel on site can be assisted and cared for in time of need or be evacuated to a safe area when life threatening situations arise.

Emergency Response procedures are put in place to assist personnel in time of life-threatening situations. Such emergency response procedures in place for Swab Master Ltd are considered conditions of employment and must be always followed while on site.

Emergency Response procedures are discussed at pre-job safety meetings and all employees are made aware of the location of:

- Safe site (Muster point)
- Emergency phone numbers
- Cell phones and / or other means of contact

All personnel are required to help implement and maintain the emergency response plan by:

- Discussion
- Monitoring effectiveness of emergency response plan
- Awareness
- Adherence to the procedures
- Training

**Note:** Because the work environment is not static and is continually changing, the emergency response plan (s) must be reviewed as activity progresses to ensure that the plans are current and applicable for the work area.

You are responsible for understanding the Emergency Response Plan. This document can be found at each exit in the shop / office and on our website. Know and familiarize where to find your emergency exits, fire extinguishers and air horns. These are to be used in evacuations only. Sounding the blow horns for "fun" will result in disciplinary action. Know and familiarize yourself with the emergency procedures in the company safety manual, Element 8.

#### SWAB MASTER LTD.

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### COMPANY NEWS

- Remember to complete an Opportunity Report when a deficiency is found on your pre-trip or post-trip vehicle inspections.
- Remember to get your kilometer and fuel reports in by the 15<sup>th</sup> of the next month.
- Winterizing the units should be starting soon!
- Remember to submit any tickets or orientations to the office to be tracked and kept on file.

### EMPLOYEE CORNER

Happy Birthday Greetings to Neil on October 3<sup>rd</sup> & George on October 17<sup>th</sup>!



### THE LAST LAUGH



# Safety is as simple as ABC...

... Always Be Careful!



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